

FOOD MENU FOR WEEK				
DAY	BREAKFAST	LUNCH	EVENING TEA	DINNER
MONDAY	TEA + POHA + FRUITS	VEG SABZI+ DAL+ RICE+ CHAPATI/POORI/PARATHA + CHHACH	TEA+ BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
TUESDAY	TEA + HALUA +FRUITS	VEG SABZI +DAL+ RICE+ CHAPATI/POORI/PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
WEDNESDAY	TEA + TOST+ FRUITS	VEG SABZI +DAL+ RICE+ CHAPATI/POORI/PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
THURSDAY	TEA + PAKODE+ FRUITS	VEG SABZI +DAL +RICE + CHAPATI/POORI/PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
FRIDAY	TEA + DALIYA + FRUITS	VEG SABZI +DAL +RICE + CHAPATI/POORI/PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
SATURDAY	TEA + BISCUIT+F RUIITS	VEG SABZI +DAL+ RICE+ CHAPATI /POORI / PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK
SUNDAY	TEA + KOMARI+ FRUITS	VEG SABZI +DAL +RICE+ CHAPATI /POORI / PARATHA + CHHACH	TEA+BISCUIT/BHUNA CHANA /BREAD/BOILED CHANA	VEG SABZI+DAL+CHAPATI/POORI/PARATHA+RICE+MI LK